



## DEBRIEFING FORM

### **Project Title:**

Intercultural Romantic Relationships

### **Investigators:**

John K. Sakaluk, Ph.D., Department of Psychology, University of Western Ontario (Principal Investigator)

Adira Daniel, M.Sc. Student, Department of Psychology, University of Western Ontario (Research Support Staff)

### **Thank you for participating in this study!**

This research is being conducted by Dr. John Sakaluk, an Assistant Professor in the Department of Psychology and Adira Daniel, a Masters student, at the University of Western Ontario. We appreciate your time in participating in this study!

The interview you completed will help us to better understand how people think about their intercultural romantic relationships. In this interview, we asked about the challenges that individuals in intercultural relationships face and how they cope with those challenges. We will analyze your responses to determine 1) identify specific challenges intercultural couples face and (2) which communication strategies they use to navigate these challenges.

Your responses will remain confidential, however there is a master list indicating your name with your participant ID. This master list is ONLY accessible to the two investigators listed above. Your responses will be associated with your participant ID and stored for seven years. If you choose to withdraw from the study your data can be deleted if you contact Adira Daniel or Dr. Sakaluk with the email your provided. **If you do not contact us with the provided email, we will be unable to identify and delete your responses.**

It is possible that thinking about your relationship may have induced some uncomfortable memories, thoughts, or emotions. These feelings are completely normal. If you'd like to talk to someone about any issues that came to your attention today, you may wish to consider contacting a mental health counselor. **Helpful services are widely available, usually for a reasonable cost.**

You may find a counselor near you by going to the Canadian Psychological Association website (<http://www.cpa.ca/public/findingapsychologist/>), Family Service Ontario (<http://familyserviceontario.org/>) or The Centre for Addition and Mental Health (CAMH; <https://camh.ca/-/media/files/community-resource-sheets/couples-counselling-pdf.pdf>).

If you have any questions about the research, you may feel free and contact **Adira Daniel** ([adanie48@uwo.ca](mailto:adanie48@uwo.ca)) and/or **John Sakaluk** ([jsakaluk@uwo.ca](mailto:jsakaluk@uwo.ca)). If you have any questions about your rights or treatment as a participant in this research project, please contact The Office of Human Research Ethics (519) 661-3036, 1-844-720-9816, email: [ethics@uwo.ca](mailto:ethics@uwo.ca). This office oversees the ethical conduct of research studies and is not part of the study team. Everything that you discuss will be kept confidential.